

RULES AND REGULATIONS

Sports Club and Society:

1. Conduct and Discipline

- **Behavioral Expectations:** Respect towards coaches, teammates, and opponents.
- **Disciplinary Actions:** Consequences for violating rules or engaging in inappropriate behavior.

2. Training and Competition

- **Attendance:** Requirements for attending practices and games.
- **Performance Standards:** Expectations for skill levels and performance.
- **Dress Code:** Specifications for team during games.

3. Health and Safety

- **Injury Protocols:** Procedures for reporting and treating injuries.
- **Health Requirements:** Medical clearances or health checks required for participation.
- **Emergency Procedures:** Guidelines for handling emergencies during events or practices.

4. Club Governance

- **Organizational Structure:** Roles and responsibilities of club cabinet.
- **Meetings and Elections:** Procedures for holding meetings and electing officials.
- **Financial Management:** Handling of funds, budgeting, and financial reporting.

5. Competition Rules

- **Rules of Play:** Specific rules related to the sport or activity.
- **Referees and Officials:** Roles and responsibilities of referees, umpires, or judges.
- **Scoring and Penalties:** How games are scored and how penalties are enforced.

6. Events and Tournaments

- **Scheduling:** Procedures for scheduling games, practices, and events.
- **Participation:** Rules for participating in events and tournaments.

7. Communication

- **Information Dissemination:** How information about schedules, changes, and news is communicated.
- **Feedback Mechanisms:** Channels for providing feedback or raising concerns